

**Adventure Program Release of Liability/Informed Consent Form
For Challenge Course/Rock Climbing**

Our philosophy is *Challenge by Choice* meaning that participants agree to choose their own level of challenge and agree not to be coerced into participation by instructors or other participants. The level of challenge could range from acting as a backup belayer to the actual climber.

All students are required to participate at some level.

Universal Challenge Course/Rock Climb Outdoor adventure activities are exciting, challenging and both physically and mentally demanding. The programs provide goal-oriented activities that offer participants an opportunity to explore new behaviors related to **trust, teamwork, and leadership capabilities**. These activities may include, but are not limited to: field games, low elements that are a few feet high and are constructed of rope, cable, and wood, high elements that require safety equipment, rock climbing, and a variety of other outdoor activities. Instructors who have been specifically trained in the operation and safe practices of challenge courses, water activities and rock climbing supervise all activities.

The Nekoosa School District has taken precautions to provide proper equipment and qualified instructors. It is impossible, however, to guarantee absolute safety. While it is the aim and responsibility of the program and instructor to provide you with an enjoyable, educational, and safe experience, you must realize that there is a degree of risk and personal responsibility for safety when you participate in adventure activities. You will receive instruction and you will be supervised throughout the program. Participants are advised to call hazardous situations to the leader's attention.

Injuries can occur. By consenting to participation, you assume all risks incidental to use of the course, equipment, or activity, including the possibility of bruises and other more serious injuries. Signing this form indicates your recognition and understanding of the responsibilities and hazards inherent in your participation of the program. You agree to assume all responsibilities and risks involved in the program and for yourself and your heirs to release and hold harmless the Nekoosa School District, its officers and employees, from all claims and legal actions, whether for property damage, physical injury, or otherwise, arising from your participation in the program.

Please confirm with your signature that you have read this information, that you understand your responsibility as a participant/parent that you are involved with full knowledge of the specifics of the activity, that you agree to follow instructions and directions given by your instructors, and that you will act with good judgment.

Name: _____ Grade: _____ Date: _____

Parent/Guardian: _____